# Mind Covid, Remember Mask" To Reduce Corona Spreading (A Case Study In The Johan Pahlawan Sub-District, Meulaboh City, West Aceh)

Musliyadi<sup>1\*</sup>, Irmayanti<sup>2</sup>

<sup>1, 2</sup>Agricultural Industrial Engineering Lecturer, Universitas Serambi Mekkah Banda Aceh, Indonesia.

> \* Corresponding author: Email: musliyadi@serambimekkah.ac.id

#### Abstract.

The coronavirus spread has been the main issue among Acehnese people since it occurred. Every day, people get infected; some people also are starting to recover from the coronavirus. The governments have been working to reduce the risked people and infected victims by providing various personal protective equipment and educating the public about the virus and its threats. Those all require society to obey them, such as wearing masks to avoid being infected or transmit to other people. Until now, the spread of the coronavirus is also very high trending. The Covid-19 task force in Jakarta on February 16th, 2021 recorded that the ratio of coronavirus cases has reached 38.34 percent. This figure shows the highest daily record since the pandemic took place. This study used a descriptive method with a qualitative approach. Data collection was performed by interviewing several communities in the Johan Pahlawan sub-district, monitoring and observing in the field, and reading relevant sources. The study found a low level of community compliance with health protocols. The use of masks is still very lacking; people only wear masks when raids are carried out on the streets by joint government officials.

**Keywords**: Remember Covid Remember the Mask, CoronaVirus Disaster Risk Reduction, Johan Pahlawan District Community, Health Protocol.

# 1. INTRODUCTION

The coronavirus, a type of virus that attacks the respiratory system, was first discovered before 2020 in China. It is assumed that the virus originated from imported frozen food that entered China and from horseshoe-type bat soup consumed by people in Wuhan city, China (World Health Organization, 2020). This virus has been rapidly developing since it can transmit through direct contact with sufferers or their droplets. To avoid catching the virus the society needs to listen and follow the government's instructions.

The coronavirus outbreak is one type of non-natural disaster described in the Law on disaster management (Law No. 24 of 2007). The Johan Pahlawan sub-district government urged all people to follow the established health protocols by wearing Personal Protective Equipment (PPE) (masks, face shields) when going out of the

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house. The protocols are designated based on regulations from WHO and the national government. It is urged to use multiple-layered-mask of security because it can filter air and virus instead of using masks made of scuba materials.

The procedure for using masks that the Johan Pahlawan sub-district government calls for follows the source from the central government. Before using masks, one should first wash their hands with soap and clean water. It should not hang on the chin. Instead, it must cover the mouth and nose. Do not use one mask for a long duration. Do not use masks with a low level of protection (Ministry of Health of the Republic of Indonesia, 2020). The slogan "Ingat Covid, Ingat Masker!", (mind covid, remember the masks!) launched by the government to develop new habits for society in their daily life *during the 'new normal*' period. In every activity, the community must always wash their hands with clean water using either soap or antiseptic liquid, use a mask, use face shields. The local authority frequently calls on the public through patrol cars using loudspeakers reminding them to use personal protective equipment when going out of their homes or crowded places such as markets, offices, *malls*, and other public facilities. It is to reduce the risk of disasters from the spread of the virus. It must be pointed that the government has never given up on urging people to use PPE (Hadi, 2020).

The mask distribution program carried out by the Government of Aceh through the GEMAS program targets all levels of society and schools throughout Aceh so that all people and students can use them in their daily lives, which aims to reduce the risk of disasters from the threats of the coronavirus.

# II. METHODS

This research used descriptive methods-qualitative approaches. The sampling technique used saturated samples that all members of the population are the sample Sugiyono. (2014) The selection of this technique is because of the small population number of the Johan Pahlawan sub-district. The subjects of this study were people who were caught not following the health protocols. Data were taken during the raids carried out by the Johan Pahlawan sub-district government covid-19 task force in several places in Meulaboh City, including Gampong Seuneubok, Gampong Ujung Kalak, Gampong Ujung Baroh, Gampong Gampa. People who were caught by health-protocol-violations-raids were then recommended by the Covid-19 task force to use a mask to avoid contact with the coronavirus sufferers or potential sufferers, often called asymptomatic persons. According to the national covid task force, the total number of cases of the coronavirus in Aceh has reached 9,457 cases, 7,794 recoveries, and 382 deaths. The number is increasing from time to time, keeping in mind that society does not follow the protocol.

The results of interviews obtained from people caught in the raid were very diverse. Their reasons are forgetting to bring a mask, forgetting to buy one, not knowing that there was a masked raid, just going out for a while to buy something

without wearing a mask. The following are some examples of the enforcement of health protocols implemented by the government.



Fig 1. Health Protocol Raids in Johan Pahlawan District



Fig 2. Mask Distribution in Aceh

http://ijstm.inarah.co.id

## III. RESULT AND DISCUSSION

The corona virus that has hit the world is very difficult to recover quickly if people do not comply with health protocols, many preventive activities are recommended by the government to reduce or eliminate the impact of the corona virus such as distribution of masks, providing education about the dangers of the corona virus and many other useful activities. All activity steps recommended by the government to the public always do not suit as expected, because until today the corona virus will increase quickly and the best way to reduce the infection are should obey the government's directions in using PPE to protect oneself and others. In the other side there are also people who have experienced recovery from the corona virus because they really carry out health protocols. The government advises to the patients who have been declared cured to maintain their health when they return to their activities in the community so they will not be contaminated with the Covid 19 virus again.

### IV. CONCLUSIONS

- 1. Obey the government's directions in using PPE to protect oneself and others.
- 2. Get used to using PPE at every opportunity in social life.
- 3. The District Government of Johan Pahlawan to distribute PPE for free to the community.
- 4. The Johan Pahlawan sub-district government must always socialize the use of PPE to the community.
- 5. The Johan Pahlawan sub-district government is expected to always carry out health protocol raids.
- 6. The Johan Pahlawan sub-district government must evaluate the success of the health protocol enforcement program

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